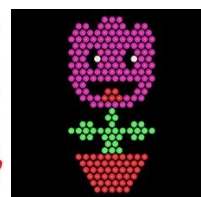


## Feb – March 2021: Information Flyer for Families

Appeer Community Interest Company was set up to benefit girls and women with an **Autism Spectrum Condition (ASC)** and other neurodiverse conditions and those around them (including their families and professionals). We offer **peer group activities** and social interest-based sessions for **autistic girls and young women** and their **parents/carers**. Currently these are online due to the pandemic, but we also run real life groups and events in Surrey and beyond.

**Teens - Making Connections** We are currently hosting online workshops for autistic teenage girls in Surrey – **Sessions open for bookings include:** \*Drama “A Play in a Day” \*Digital Art Workshop \*Gaming with Jellytree Productions \*Video Editing \*Yoga Course (12 years +). [Click to book!](#) We know how hard it is to find support for our teens and look forward to providing a space for them to connect and share interests. All sessions are delivered by experts and facilitated by our staff.



**Younger Girls Online Sessions** We have lots going on in Feb and March for the 7-12 year old girls. Sessions include: \*Forest School Flowers & Weaving Session \*Animation Workshop \*Valentine cupcakes \*Animals and pets \*Collections \*Miniature Gardening and Rock Painting [Click to book!](#) All sessions are facilitated by our staff.



**Tech Tuesdays** - We have been working with **Overworld Studios** to offer their popular Minecraft Build Challenges for autistic girls aged **7-16** from Surrey and surrounding areas and their **siblings** to enjoy every Tuesday and Wednesday. [Click to book!](#)



**Online Parent/Carer Sessions** Appeer offers support to parents and carers - we are running a programme of talks and social support groups on Zoom during the pandemic. Our upcoming parent/carers sessions include: **Suicide Awareness** on 29<sup>th</sup> January at 10am and **Sleep** on February 23<sup>rd</sup> at 10am. [Click to book!](#) Coming soon: a talk from a **barrister**. We record all sessions so if you cannot make the “live” time please book on anyway and we will send you the video and resources after the event.

**We are trying to get funding to set up a formal parent/carers course – have your say about the content and format [here](#)**